

Home link Lesson 4 - Review Questions      Name \_\_\_\_\_  
Driver Behaviour – Controlling Emotions

1. Having the physical ability to drive is only half the picture, you must also be in the right \_\_\_\_\_ state (of mind).
2. Statistically, teen drivers have a total accident rate that is \_\_\_\_\_ that of adults.
3. True or False: Two factors for the high collision rate of young drivers is poor judgment and inexperience. \_\_\_\_\_
4. Young drivers must be \_\_\_\_\_ to learn good driving practices and apply them with good attitudes.
5. True or False: Drivers 18-24 years of age perceive themselves as more likely than other drivers to be involved in an accident. \_\_\_\_\_
6. Teenagers tend to \_\_\_\_\_ the danger in high risk situations, which often results in being unprepared for them.
7. True or False: You need to constantly monitor yourself when driving to detect poor driving attitudes and be willing to correct them. \_\_\_\_\_
8. Unless you keep checking yourself, even good driving habits and attitudes can \_\_\_\_\_ over time.
9. You should \_\_\_\_\_ if you are preoccupied with your emotions, because you will not be able to focus on your driving.
10. One of the greatest psychological stresses is being \_\_\_\_\_.
11. Another great source of stress is heavy traffic. If you are running late for an appointment, it is best to pull of and \_\_\_\_\_ them, informing them that you'll be late.
12. True or False: Small changes in your driving perceptions (like expecting others to make mistakes and accepting it) can reduce your stress level. \_\_\_\_\_
13. You need to be aware that the way your parents drive can have an \_\_\_\_\_ upon your driving. Avoid using them as role models if they do not practice safe driving.

14. \_\_\_\_\_ is an undesirable trait of selfishness when driving. These people feel they own the road and disrespect other drivers.
15. Emotional instability will manifest itself by being angry or \_\_\_\_\_ when driving. Do not drive if you are this way.
16. Every driver must take \_\_\_\_\_ for their own actions and attitudes.
17. Your life and the life of your passengers are in your \_\_\_\_\_. Think and act responsibly.
18. As a passenger, if you detect the driver is day-dreaming, it would be a good idea to keep \_\_\_\_\_.
19. It's possible for positive emotions such as happiness and excitement to cause trouble in drivers. Yes or No: \_\_\_\_\_
20. What can passengers do when the driver seems overly excited or elated?  
\_\_\_\_\_
21. Drivers that feel sadness often have difficulty with alertness and concentrating... they may be \_\_\_\_\_.
22. When learning of a devastating personal situation, it is very important that person  
\_\_\_\_\_
23. Mature teens should discourage immature teens that exhibit dangerous show-off driving. True or False: \_\_\_\_\_