



# 50 ways to say NO to drinking



Circle 5 responses below that fit your personality and \* the one you would use now. Near the end of the class period everyone will stand up, and in a convincing way say the one they like best...pretending you are being pressured to drink when you'd rather not.

- 1) I'm a lover, not a drinker!
- 2) Last time I had a drink, I wanted to attack a chicken!
- 3) I become so witty that no one will talk to me!
- 4) I sing off key as it is...
- 5) I might forget where I parked my mind.
- 6) I don't need to loosen up, I just got it together.
- 7) Chocolate and alcohol don't mix.
- 8) I don't need any more hair on my chest.
- 9) If I'm ever bitten by a snake, I'll tell you.
- 10) I'd rather hang loose than hangover.
- 11) It's never as much fun as it looks on TV.
- 12) I've got all the gusto I can handle.
- 13) I'll dink no wine before its time.
- 14) My weekends are made for something else.
- 15) I don't want no bull!
- 16) For all I do, I don't need a brew!
- 17) I don't care if it is from the land of sky blue waters.
- 18) I've got the time, you can have the beer!
- 19) If I wanted the high life I'd go skydiving.
- 20) It doesn't bring out my best!
- 21) It's too filling and it doesn't taste so great.
- 22) Candy is dandy enough for me!
- 23) Liquor is quicker, but I'm in no hurry
- 24) I already have a stiff belt!
- 25) It makes me more stupider!
- 26) I don't look good in a lampshade.
- 27) It detracts from my charisma.
- 28) I'd rather nuzzle than guzzle.
- 29) I'm saving ALL my brain cells for science.
- 30) My liver and I have this understanding...
- 31) My wits are dull enough as it is.
- 32) I'm performing neurosurgery in the morning!
- 33) If I'm going to blow my diet, I'd rather do it with junk food.
- 34) I might not remember all the witty and intelligent things you're going to say tonight!
- 35) I can't drive with mud in my eye!
- 36) I like me just the way I am!
- 37) My life is weird enough as it is!
- 38) I like my happy hours to happen on their own.
- 39) It sloshes too much when I jog.
- 40) If I were any more mellow, I'd melt
- 41) I'd rather dance.
- 42) No booze is good booze!
- 43) I'm not old enough.
- 44) I'm not thirsty enough.
- 45) I'd just fall asleep!
- 46) I'd just fall down!
- 47) I'm high on life!
- 48) I'm low on funds.
- 49) I think, therefore I won't drink
- 50) No way, Jose'

Also...think up one on your own: \_\_\_\_\_

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